



الهيئة العامة للإحصاء  
General Authority for Statistics

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## Elderly Survey

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2017

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## Introduction

Gastat works on obtaining national statistical indicators in all fields to reach realistic indicators that reflect the real situation to be adopted in improving policies and taking decisions and providing suitable services for people, institutions, or various sectors. Therefore, GAStat is pleased to present this report concerning The Elderly Survey (65+ years old) for 2017 AD.

GAStat, represented in its Department of Population and Vital Statistics, conducted such survey from 17th Rajab to 22nd Shaaban 1438H (Corresponding to the dates April 14, 2017 to May 18, 2017). The survey covers a sample of (33575) families to guarantee representation at the level of the Kingdom. This sample was based on the results of the updated framework of the population and houses census for year 1431H (2010) (updated in 2016).

This report is primarily aiming at providing an integrated image of the reality of the elderly belonging specifically to the age group 65+ years old in the Kingdom of Saudi Arabia. Such population are surveyed by their demographic and social characteristics, needed services, communication with the homes for the elderly, as well as their role in voluntary work. The report also encompasses the methodology of the survey, collecting data and analytic findings.

In this survey family data were collected including the marital and educational status. The data also included the demographic structure of Saudi population (65+ years old) on the level of KSA and administrative regions. The survey also extracted several indicators such as: age and gender structure for the age group (65+ years old), marriage and divorce rates, educational status, diseases, difficulties in physical functions, voluntary work and communication with the homes for the elderly. The authority hopes these results meet the needs of planners, researchers and whoever is interested in the elderly studies.

GAStat also thanks all partners and clients from the authorities concerned with the elderly and the heads of families included in the study. It is worth mentioning that their cooperation, after the guidance of Allah, had a great impact on issuing such report. At the same time, it is hoped that everyone will provide us with proposals via the e-mail (info@stats.gov.sa). Such proposals will improve the content of this bulletin and further develop future reports.

May Allah grant us success!

**General Authority for Statistics (GAStat)**  
**Population and Vitality Surveys**

## Definitions

### First: Objectives of the Saudi Elderly Survey (65+ years old)

- Providing data on the age and gender structure of the Saudi elderly.
- Providing data on the marital and educational status of the Saudi elderly.
- Providing data on the elderly by geographical distribution.
- Providing data on the diseases and physical function difficulties from which the elderly suffer
- Providing data on the voluntary work by the elderly

Providing demographic data and indicators of the elderly periodically for measuring the change in the demographic characteristics with the passage of time, and for carrying out local, regional and international comparisons

### Second: Survey Sample

#### 1. Sample Design:



The elderly survey is one of actual household surveys carried out by the General Authority for Statistics by using the general population and housing census framework 1431H (2010), and the updated in 2016. To get highly efficient and effective estimates, the survey society has been divided into non-overlapping parts, characterized by relative homogeneity in their units. Each part is considered a category, and each category is dealt with as an independent society. A random sample is independently drawn from each category. Finally, all drawn sampling units are integrated to form the entire sample.

#### 2. Survey Sample Design and Selection

Head for the sample designing and proper methodology selection:

- The objectives of the Population Characteristics Survey 2017 for the age group (65+ years old) and the sample of the previous survey (The Demographic Survey 2016) were studied and discussed to review the results.
- The Standard Deviation (SD) and Coefficient Of Variation (CV) of some main demographic variables in the survey were analyzed.

In the light of that, the size of the survey sample has been estimated. The selected sample is a random categorical cluster sample, selected through two stages, in accordance with the following:

### First Stage

After determining the optimum size of the survey sample of households of each administrative region, there begins the drawing of the Primary Sampling Units (PSU) from the main sample framework. A number of 1,300 statistical areas, out of 3,600 within the framework of the census was drawn. They were distributed over all categories in every region using the method that is commensurate with the size and distributed as follows:

Administrative Region	Sampling units number	Administrative Region	Sampling units number	Administrative Region	Sampling units number
Riyadh	217	Asir	90	Najran	64
Makkah	242	Tabuk	73	Al-Bahah	60
Madinah	92	Ha'il	65	Al-Jawf	66
Al-Qassim	66	Northern Borders	70	Total	1,344
Eastern Province	168	Jazan	71		

### Second Phase

The secondary sampling units, i.e. households, were (SSU) were randomly drawn from the statistical areas, which were chosen in the first phase using the regular random sample. Up to 25 households were chosen from each statistical area, (totaling 33575) households that were picked in the following order:

Administrative Region	Sample size (Households)	Administrative Region	Sample size (Households)	Administrative Region	Sample size (Households)
Riyadh	5185	Asir	2250	Najran	1600
Makkah	6050	Tabuk	1825	Al-Bahah	1500
Madinah	2300	Ha'il	1625	Al-Jawf	1650
Al-Qassim	1650	Northern Borders	1750	Total	33,575
Eastern Province	4200	Jazan	1775		

### 3. Scope and range of the sample:

The Elderly Survey (65+ years old) sample includes the Saudi households living in the kingdom. It also covers the Saudis who are temporarily living abroad for medication, study, tourism, etc who are counted as members of the included households as long as they were picked up in the sample. The survey's sample covers every region in the kingdom.

#### Third: Survey form:

The form, which is available in electronic format, is designed by a group of GASTat specialists who have taken into consideration recommendations, world standards and requirements set by international and local organizations. It introduces a list of questions divided into main sections as follows:



Questions about the data and population characteristics of the elderly (65+ years old):

- Demographic characteristics
- Social Characteristics
- Chronic diseases
- Physical function difficulties
- Voluntary work
- Communication with homes for the elderly

#### Fourth: Census data collection and time reference:

The survey was carried out in the period from 17/7/1438H. to 23/8/1438H. (Corresponding to the dates 14/4/2017 to June 18/5/2017). The form was filled during an interview held with head of the family. The researchers who are deployed for field studies paid visits to the chosen households to collect the necessary data.

According to the time reference, the elderly survey form is divided into:

- The main data collected should be linked to every member of the household taking into account the household size and its key characteristics, for example: Age, sex, educational status, marital status and the date on which the form was completed.
- The employment status data are based on the week previous to the visit to the household.

#### Fifth: Definitions:

##### Administrative Region:

A part of Saudi Arabia run by a governmental agency affiliated to the Ministry of the Interior. In each administrative region there is a city representing the region's headquarter. The kingdom is divided into 13 administrative regions.

##### Building:

A building is every structure; whether permanent or temporary, single- or multi-storey, with one or more rooms, and has one or more doors through which to access it. A building might and might not be inhabited; and it could be intended for housing, or for economic, social or religious purposes ... etc, or for housing and work such as: Complex, residential building, palace, villa, house, government building, shop, mosque... etc, taking into account the annexed buildings such as garage and stores. Villa annexes shall not be counted as buildings. The same goes with the bridges and chambers of electricity supply, engines and water pumps.



### Dwelling:

It is a single- or multi-room unit (in a building or part of building) which is primarily prepared for one household and has one separate door or a number of doors, whether it was still under construction, occupied or inhabited. The dwelling might accommodate one or more households, one or more businesses, or a household and a business simultaneously. Every inhabited building shall be counted as a dwelling, even if it was not set up for that purpose such as: Shops, workshops and schools ... etc, the types of residence include villas, houses and apartments.

### Household:

A person or a group of persons - with or without kinship binding them to one another - who share residence during the enumeration. The household includes:

- The Saudi individuals who are habitually residing with the same family but were not available for temporarily traveling abroad when the study was underway. For example: Businessmen, tourists, patients and students abroad for study.
- Family members who were absent during the data collection process to attend shift nights. For example: Physicians, nurses, fishermen, airport staff, guards .... etc.
- servants, drivers and the like who are members of the same household.
- Family members who are on a trip in the Kingdom.

### Head of the Household:

It refers to the person regarded by the family members as its chief member. Usually, he is responsible for taking decisions on family affairs and his age must not be under 15 years old. If the family consists of children and their mother, and they are cared for by a relative who does not live with them, such a relative shall not be considered head of the family, nor shall he be recorded as one of its members. In this case, the mother shall be considered the head of the family.

### Population:

It refers to all individuals, Saudi population, living in the Kingdom at the time of the survey.

### Survey population:

They are the members of the household selected as a sample, who live in dwellings.



**Age:**

It is the time period calculated between date of birth and date of visit. It is presented in years, regardless of months and days.

**Nationality:**

The individual's legal right of belonging to a particular country. It is usually defined by the passport the person has the right to obtain.

**The Elderly:**

To serve the purposes of the survey, the elderly are defined as all individuals at the age of (65+ years old) .

**Physical function difficulties:**

Every individual who has a deficiency in any body function or structure, who cripples his ability to participate due to environmental and personal factors. The term "difficulties" is adopted to reflect the limitation of the functions or physical structure.

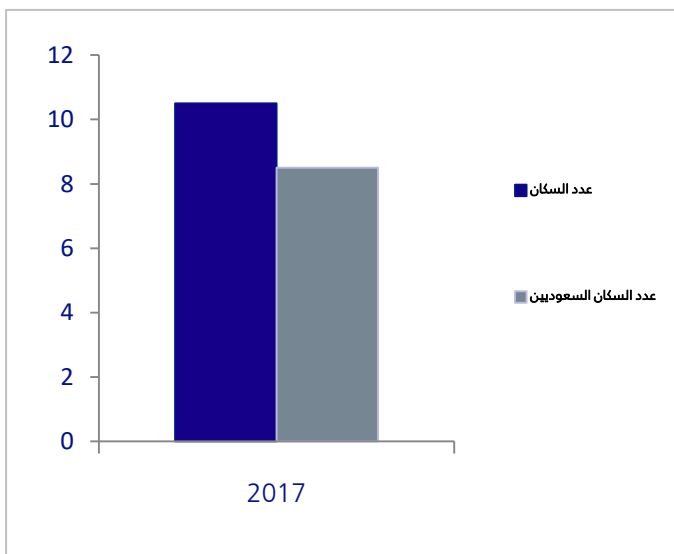
**Anxiety and Depression:**

Anxiety is defined as a psychological state manifested in the form of a continuous trouble as a result of the individual's sense of being threatened. This threat may actually exist or may be fancied and not existing in reality, and its continuity is a sign of an illness that needs treatment. Depression may be defined as state of continuous sadness and grief that may last for two weeks or more and it is considered as an illness that needs treatment.



## Main Features of the Elderly Survey

### 1- Demographic characteristics:



The Elderly Survey 1438H (2017) indicated that:

- The number of the elderly (65+ years) is (1050885), i.e. (3,23 %) of the total population. Out of this number (57,48%) were male and (42,52 %) were female.
- The number of the Saudi elderly (65+ years) is (854281), i.e. (4,19 %) of the total Saudi population. Out of this number (48.9 %) were male and (51,1%) were female.

## 2- Geographical distribution:

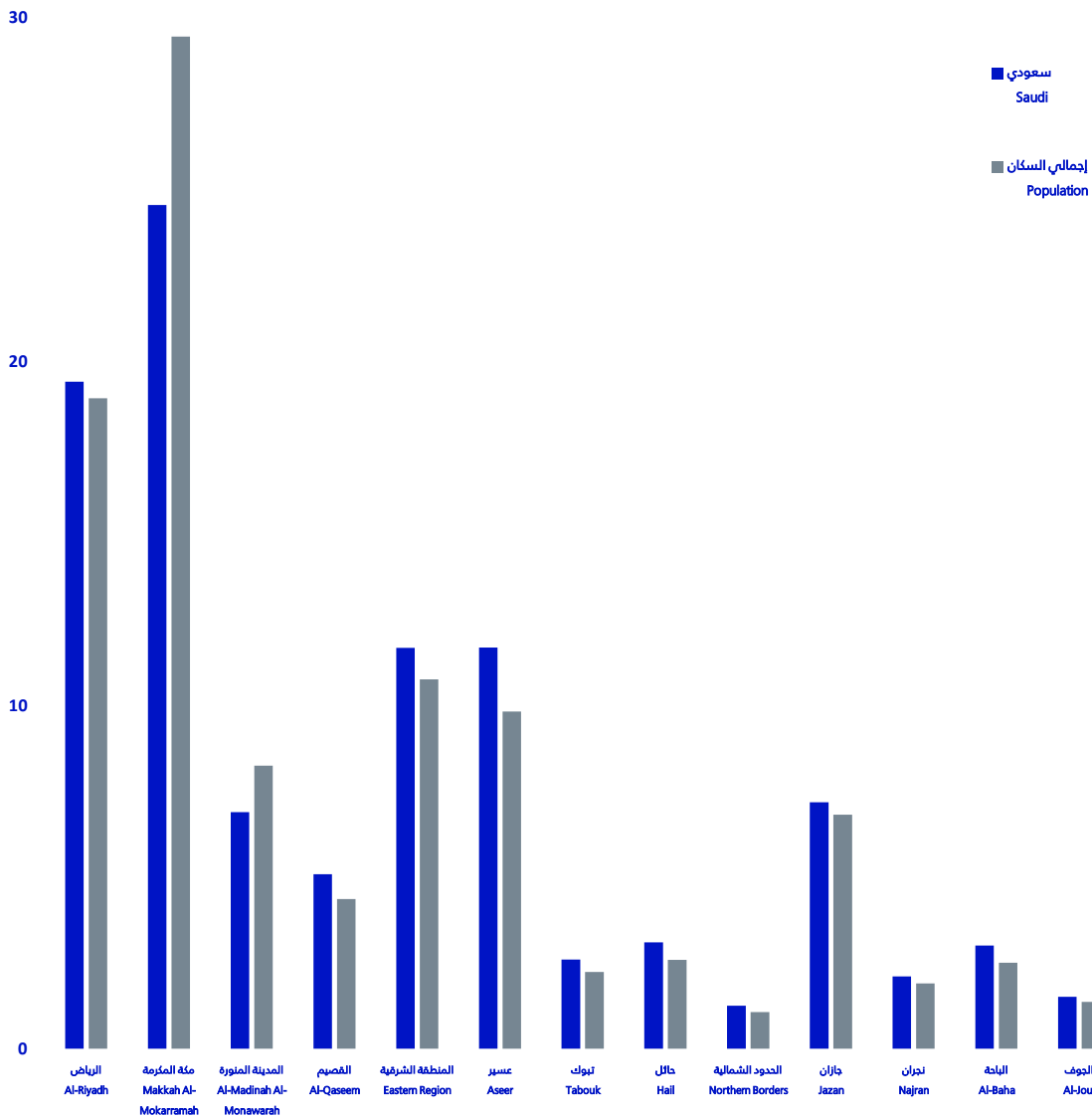
As for the age distribution of the elderly by sex and nationality in the Kingdom's 13 regions, the Survey showed that:

- The ratio of the Saudi elderly (65+ years) is (81,3 %) of the total population (65+ years). Out of this ratio (40 %) were male and (41,9%) were female. The ratio of the elderly (65+ years) reaches the ground in Northern Borders Region (1,07 %), but tops the list in Makkah (29,4 %).
- The ratio of the Saudi elderly (65+ years) tops the list in Makkah (24,5 %), but reaches the ground in Northern Borders Region (1,3 %).
- Moreover, the ratio of the male Saudi elderly (65+ years) tops the list in Makkah (24,4 %), but reaches the ground in Northern Borders Region (1,2 %) out of the total Saudi population (65+ years).



Population (65+ years old) by Administrative Region

Population (65 Years and over) by Administrative Area



### 3- Population age structure:

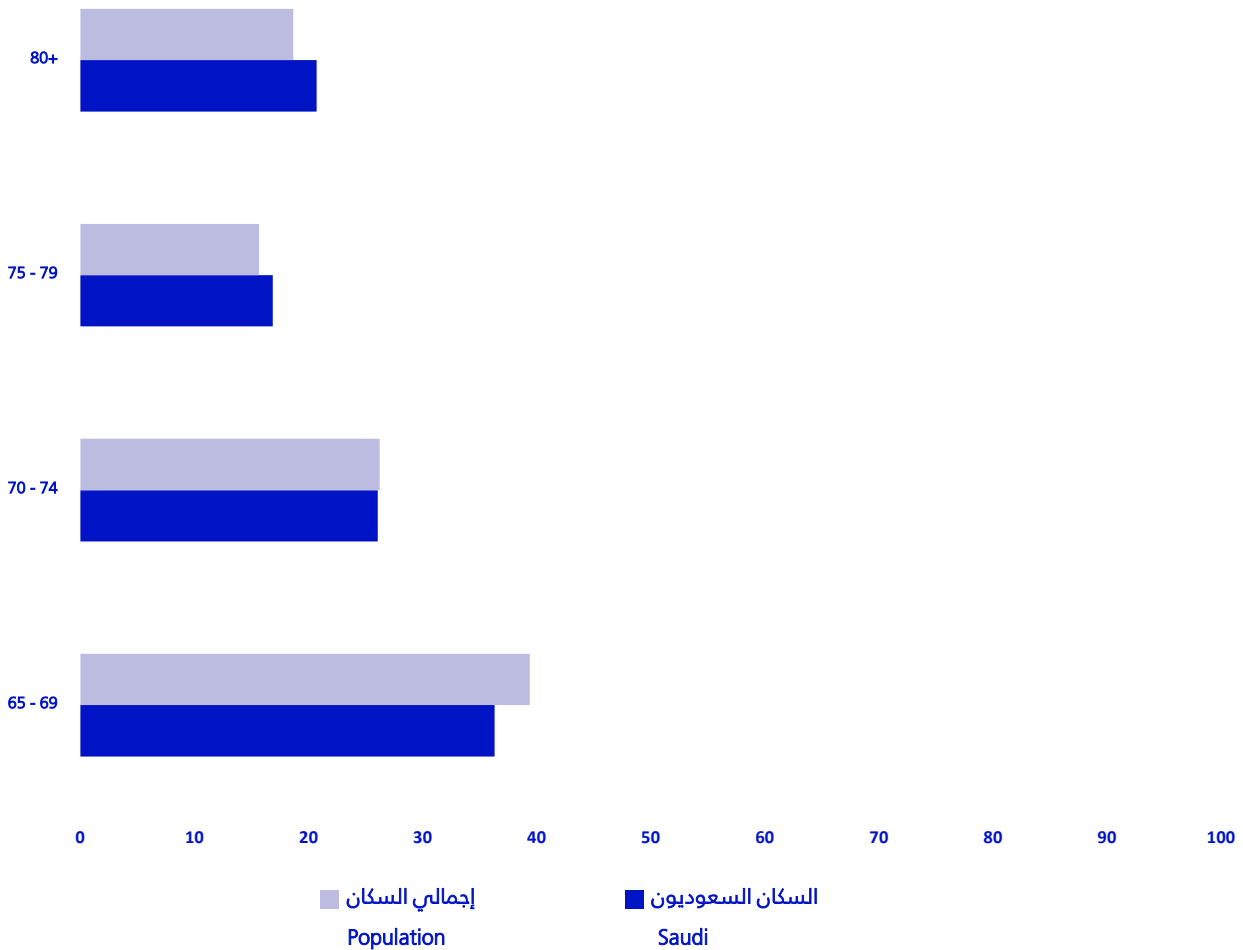
The Survey showed that the ratio of the elderly (65+ years) by sex, age group and nationality is as follows:

- The ratio of the elderly in the age group (65 – 69) among total population (65+ years) reached (39,4 %). The ratio of Saudis among them reached (74,9 %):(48,6% were male, 51,4% were female).
- The ratio of the elderly in the age group (70 – 74) among total population (65+ years) reached (26,3 %). The ratio of Saudis among them reached (80,8 %):(49,4% were male, 50,6% were female).

- The ratio of the elderly in the age group (75 – 79) among total population (65+ years) reached (15,7%). The ratio of Saudis among them reached (87,5 %): (49,4% were male, 50,6% were female).
- The ratio of the elderly in the age group (80+) among total population (65+ years) reached (18,7%). The ratio of Saudis among them reached (90,2 %): (48,3% were male, 51,7% were female).

Percentage Distribution of Saudi Population ( 65 Years and over ) by age group

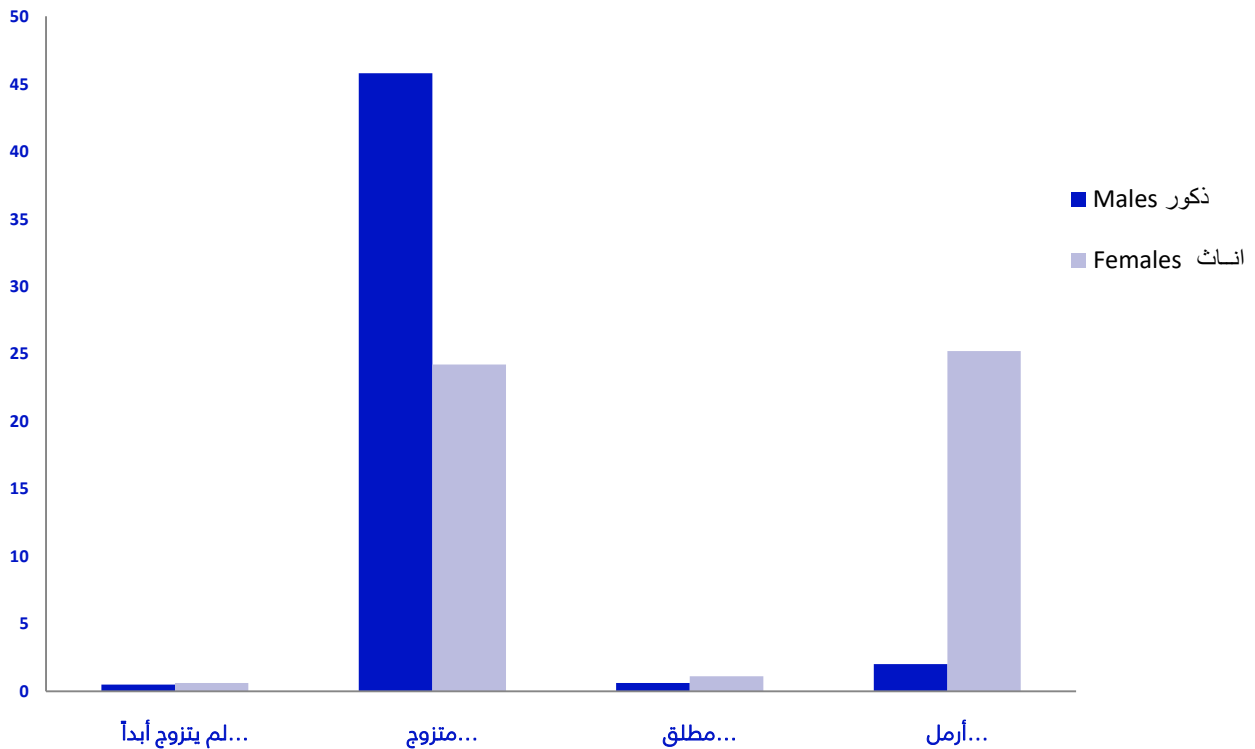
Percentage Distribution of Saudi Population ( 65 Years and over ) by age group



#### 4- Marital and educational status:

Distribution of Saudi Population (65+ years old) by marital status and sex.

Percentage Distribution of Saudi Population (65 Years and over) Marital Status and sex



The results of the Survey by marital status show that:

- The highest percentage is among married individuals (70 %) followed by widowed individuals (27 %). The lowest percentage is among individuals who never married (1%) followed by divorced individuals (2 %).

When comparing between male and female individuals among the Saudi elderly (65+ years), marriage percentages are higher among men: (46% are men and 24% are women), while widowhood percentages are higher among women: (25% are women and 2% are men).

In addition, the results of the Survey by educational status indicate that:

- Out of the total Saudi population (65+ years) who never married, the ratio of individuals holding (primary- intermediate- secondary) degrees is (14,35 %): 7,63% are male and 6,72 % are female.

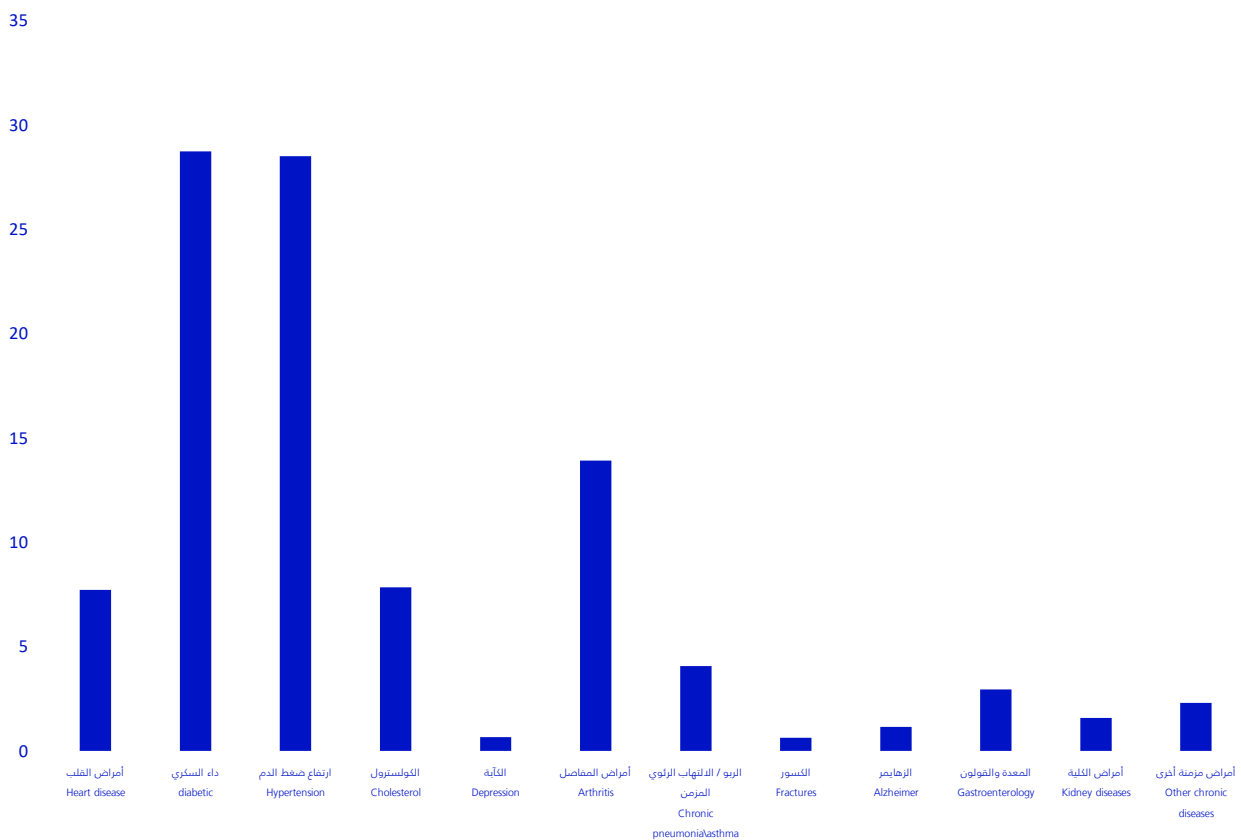
- Out of the total Saudi population (65+ years) who have married before (married- divorced- widowed), the ratio of individuals holding (primary- intermediate- secondary) degrees is (19,62 %): 15,93 % are male and 3,68 % are female.
- In addition, and out of the total Saudi population (65+ years) who have married before, the ratio of people who finished at least their under-graduate diploma is (6,74 %) : 6,07% are male and 0,67 % are female.

### 5- Chronic diseases and treatment costs:

The results of the Saudi Elderly Survey (65+ years) by chronic diseases indicate that the highest percentages are among individuals with diabetes (28,7%) and blood pressure diseases (28,5%), followed by those with arthritis (13,9%). On the other hand, the lowest percentages are evident among individuals with fractures (0,6 %) , depression (0,7 %) and Alzheimer (1,2 %). The Survey also shows that chronic disease percentages are higher among female individuals: (43,2 % are male and 56,8% are female).

Distribution of Saudi Population (65+ years old) by chronic diseases.

Percentage Distribution of Saudi Population (65 Years and over) by chronic diseases

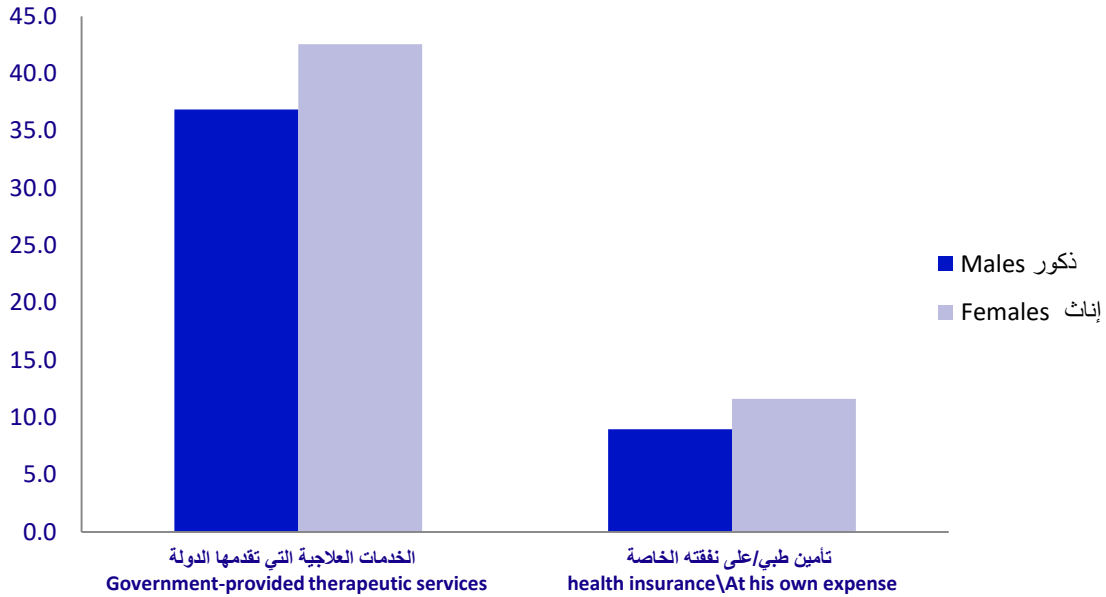




Moreover, the data of treatment costs borne by Saudi population (65+ years) show that (79,4 %) is the percentage of those who benefited from the treatment services provided by the state, while (20,6 %) is that of people who receive treatment at their own expense and who have medical insurance.

Distribution of Saudi Population (65+ years old) by sex and Treatment expenses.

Percentage Distribution of Saudi Population ( 65 Years and over Carry of Treatment expenses and sex

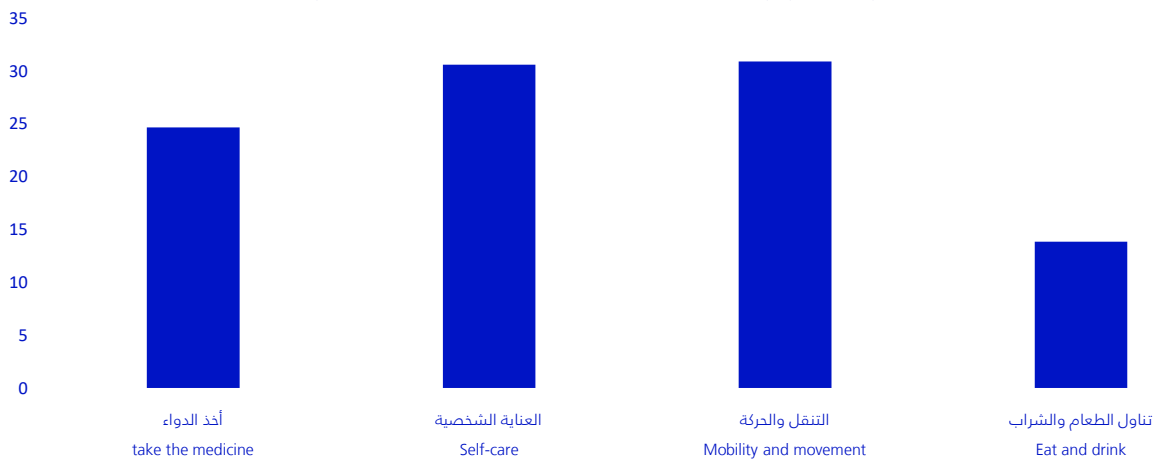


## 6- Daily needs:

The results of the Survey show that the daily assistance needed by Saudi population (65+ years) are distributed according to the following order: mobility and movement (30,9 %), self-care (30,6 %), medicine taking (24,7 %), and finally eating and drinking (13,8 %).

Percentage Distribution of Saudi Population (65 Years and over) by Type of daily assistance

Percentage Distribution of Saudi Population (65 Years and over) by Type of daily assistance



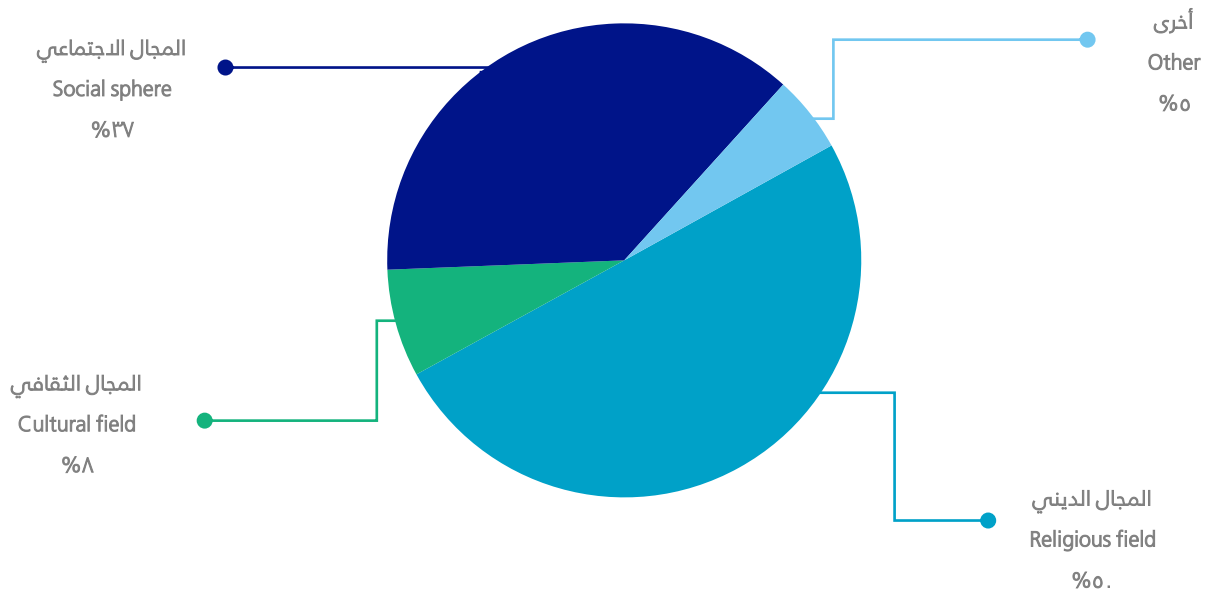
As regards assistance in daily needs, the results are distributed in the following order: assistance by a family member (86,5%), assistance by a nurse or private worker (10,2 %), and finally assistance by a friend or another relative (3,3 %).

### 7- Community participation:

The results of the Saudi Elderly Survey (65+ years) by community participation indicate that:

- The highest percentage of voluntary work is among male individuals (71,8 %) compared to that of female volunteers (28,2 %).
- The domains of voluntary work practiced by the Saudi elderly (65+ years) are distributed in the following order: Religious domain (50,1 %), social domain (37,3 %), cultural domain (7,4 %), and other domains (5,2 %).

Distribution of Saudi Population (65+ years old) by Community participation.  
Percentage Distribution of Saudi Population ( 65 Years and Over ) by Community participation



In addition, the ratio of Saudi elderly (65+ years) who generally communicate with homes for the elderly is very low at (0,2 %).

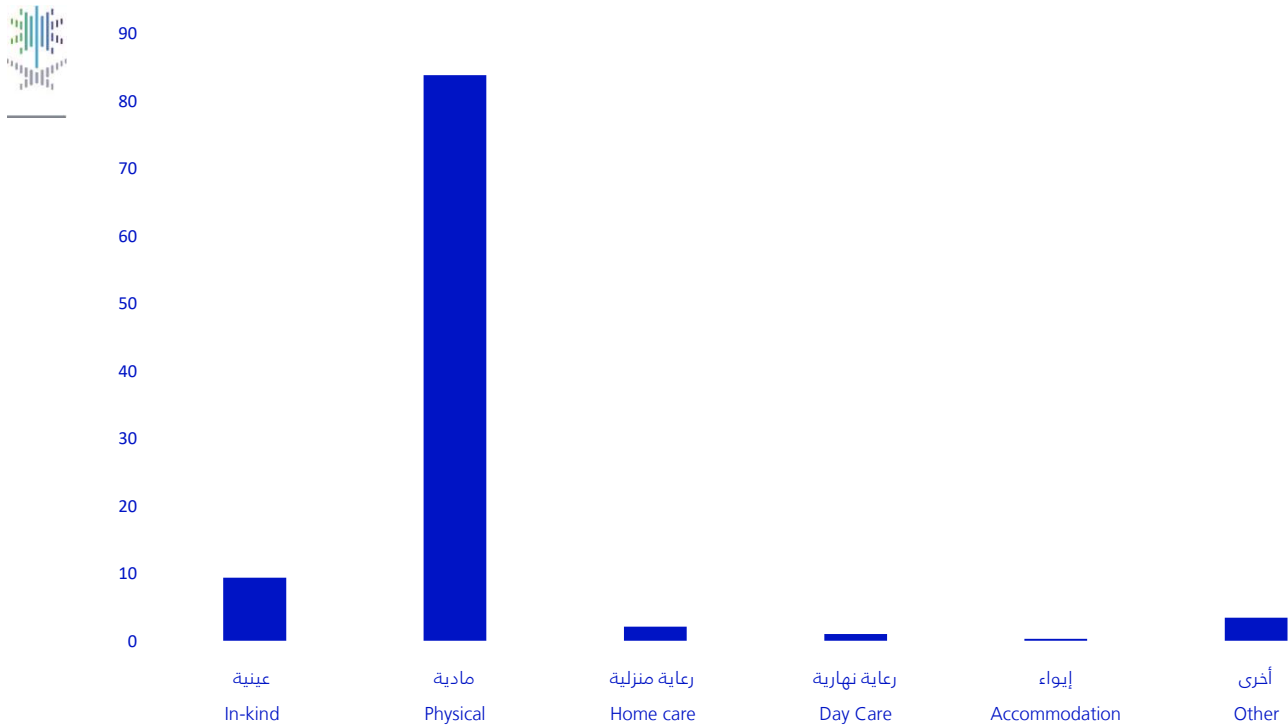
The reasons for not communicating with homes for the elderly are ordered as follows: the elderly mainly do not need such communication (84,5 %), such homes are distant geographically from their own homes (11%), the elderly find no use from such communication (3,4%), and finally they do not communicate with elderly homes for other reasons (0,9%).

### 8- Services Provided by Ministry of Labor and Social Development:

The Survey shows that (78,5 %) of the Saudi population (65+ years) with difficulties in physical functions are provided with services by the Ministry of Labor and Social Development. The types of most of such services are distributed in the following order: Financial services (83,8 %), in-kind services (9,3 %), other services (3,4 %), domestic care ( 2,1 % ), day-care ( 1 % ), and finally shelter services ( 0,3 % ).

Percentage Distribution of Saudi Population with Difficulty (65 Years and Over) by the Services they Receive from the Ministry of Labor and Social Development

Percentage Distribution of Saudi Population with Difficulty (65 Years and Over) by the Services they Receive from the Ministry of Labor and Social Development



### 9- Physical function difficulties:

The results of the Survey indicate that the types of physical function difficulties among Saudi population (65+ years) are distributed in the following order: movement difficulties (70,50%: 38% are male and 62% are female), sight difficulties (24,2 %: 63% are male and 37% are female), and finally hearing difficulties (5,3%: 66,7% are male and 33,3% are female).

As regards the results of physical function difficulties by severity degree, the highest percentage is among persons with minor difficulties (73,6 %: 47,1% are male and 52,9% are female), followed by those with severe and acute difficulties (26,4 %: 41,5% are male and 58,5% are female).

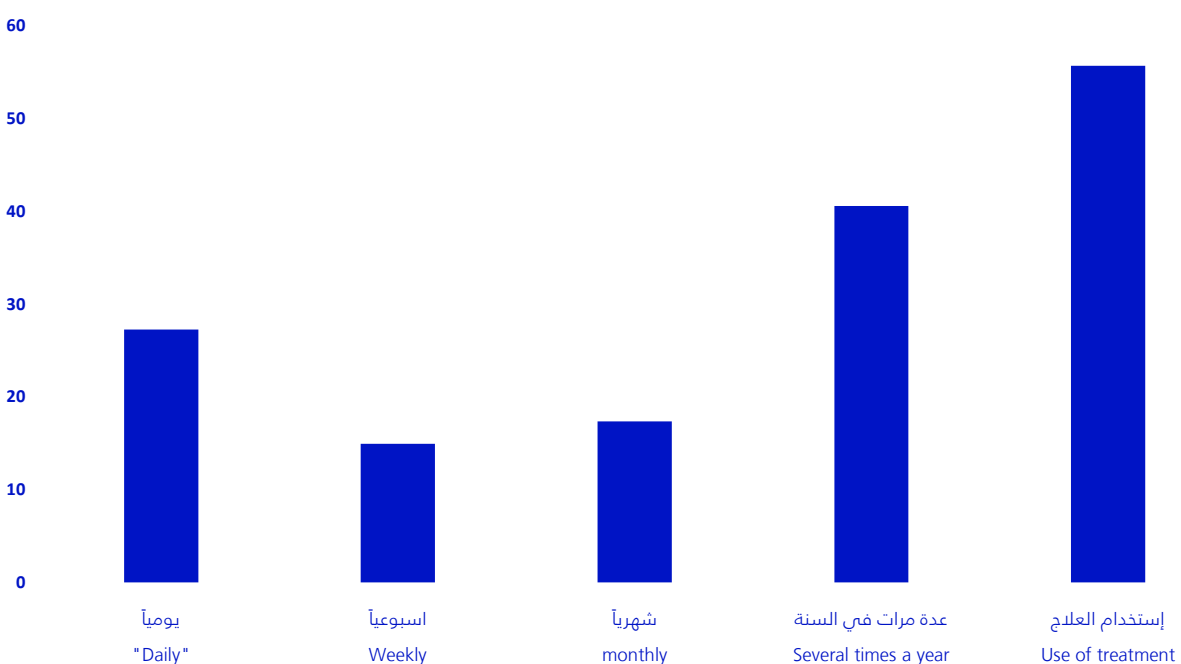
### 10- Anxiety and Depression:

In the context of suffering from anxiety and depression, the results of the Survey show that the percentage of the Saudi population (65+ years) who suffer from anxiety and depression on a daily basis, out of the total Saudi population (65+ years), is (1,22 %: 0,41 % are male and 0,81 % are female).



Percentage Distribution of Saudi Population who suffer from depression and anxiety (65 Years and Over) by the repetition of these feelings and the percentage of treatment users.

Percentage Distribution of Saudi Population (65 Years and Over) by the repetition of these feelings and the percentage of treatment users



Tables

Table ( 1 )  
السكان (65 سنة فأكثر) حسب الجنسية ( سعودي / غير سعودي ) و الجنس والمناطق الإدارية  
Population ( 65 Years and over ) by sex, Administrative Area and Nationality ( Saudi/ Non-Saudi )  
جدول ( 1 )

Administrative Area	Total		الجملة		Non - Saudi		غير سعودي		Saudi		سعودي		المطابقة الإدارية
	جملة Total	إناث Females	ذكور Males	جملة Total	إناث Females	ذكور Males	جملة Total	إناث Females	ذكور Males	جملة Total	إناث Females	ذكور Males	
Al-Riyadh	198855	86863	111992	33079	8051	25028	165776	78812	86964				الرياض
Makkah Al-Mokarramah	309443	140648	168795	99741	32768	66973	209702	107880	101822				مكة المكرمة
Al-Madinah Al-Monawarah	85576	39038	47538	27764	10498	17266	58812	28540	30272				المدينة المنورة
Al-Qaseem	45815	22446	23369	2424	553	1871	43391	21893	21498				القصيم
Eastern Region	112983	55674	57309	13327	2818	10509	99656	52856	46800				الشرقية
Aseer	103139	53724	49415	3399	565	2834	99740	53159	46581				عسير
Tabouk	23490	11402	12088	1332	0	1332	22158	11402	10756				تبوك
Hail	27143	13240	13903	670	0	670	26473	13240	13233				حائل
Northern Borders	11267	5659	5608	535	101	434	10732	5558	5174				الحدود الشمالية
Jazan	71539	36337	35202	10272	3488	6784	61267	32849	28418				جازان
Najran	19991	10415	9576	1991	614	1377	18000	9801	8199				نجران
Al-Baha	26286	14756	11530	626	78	548	25660	14678	10982				الباحة
Al-Jouf	14358	6694	7664	1444	473	971	12914	6221	6693				الجوف
Total	1050885	496896	553989	196604	60007	136597	854281	436889	417392				الجملة

Source: Elderly Survey 2016 \_General Authority for Statistics

المصدر: مسح كبار السن ٢٠١٧ \_ الهيئة العامة للإحصاء



Table (2)

جدول (٢)

السكان السعوديون (٦٥ سنة فأكثر) حسب الجنسية (سعودي/ غير سعودي) و الجنس وفئات العمر  
Saudi Population( 65 Years and over ) by sex , Age Groups and Nationality (Saudi/Non-Saudi)

Age Groups	Total		الجملة		Non - Saudi		غير سعودي		Saudi		سعودي		فئات العمر
	جملة	Total	اناث	ذكور	جملة	Total	اناث	ذكور	جملة	Total	اناث	ذكور	
65 - 69	414180	189172	225008	103821	29590	74231	310359	159582	150777	19-٦٥			
70 - 74	275876	131914	143962	53058	19101	33957	222818	112813	110005	٧٤ -٧٠			
75 - 79	164639	77634	87005	20560	4697	15863	144079	72937	71142	٧٩ -٧٥			
80+	196190	98176	98014	19165	6619	12546	177025	91557	85468	٨٠ فأكثر			
Total	1050885	496896	553989	196604	60007	136597	854281	436889	417392	الجملة			

Source: Elderly Survey 2016\_ General Authority for Statistics

المصدر: مسح كبار السن ٢٠١٧ \_ الهيئة العامة للإحصاء



Table (3)

جدول (٣)

السكان السعوديون (٥٠ سنة فأكثر) حسب الجنس والحالة الزوجية والحالة التعليمية  
Saudi Population (65 years and over) by Educational Status, Gender and Marital Status

Educational Status	Marital Status & Gender						الحالة الزوجية والجنس						الحالة التعليمية
	Total		الجملة		أرمل		مطلق		متزوج		لم يتزوج أبداً		
	الجملة	اناث	ذكور	اناث	ذكور	اناث	ذكور	اناث	ذكور	اناث	ذكور		
Primary	91208	18078	73130	4918	1995	675	34	12218	71006	267	95	الابتدائية	
Intermediate	41304	6611	34693	695	1071	173	0	5743	33026	0	596	المتوسطة	
Secondary/ Equivalent	34635	7044	27591	1841	369	0	319	4862	26903	341	0	الثانوية أو ما يعادلها	
Pre- Univ. Diploma - And above	57447	6151	51296	646	1391	51	915	4935	48990	519	0	دبلوم دون الجامعي فما فوق	
Other	629687	399005	230682	207552	12640	8486	3898	178942	210934	4025	3210	غير ذلك *	
Total	854281	436889	417392	215652	17466	9385	5166	206700	390859	5152	3901	الجملة	

\*Without Qualification

\* اليجمل مؤهل تعليمي

Source: Elderly Survey 2016\_General Authority for Statistics

المصدر: مسح كبار السن ٢٠١٧ - الهيئة العامة للإحصاء



Table (4)  
السكان السعوديون ( 16 سنة فأكثر ) حسب الجنس والحالة الزوجية والمنطقة الإدارية  
Saudi Population ( 65 years and over ) by sex, Marital Status and Administrative Area

جدول ( 4 )

Administrative Area	Marital Status & Gender								الحالة الزوجية والجنس				المنطقة الإدارية
	Total		أرمل		مطلق		متزوج		لم يتزوج أبداً		Total	الجملة	
	الجملة	إناث	ذكور	إناث	ذكور	إناث	ذكور	إناث	ذكور	إناث			
Al-Riyadh	165776	78812	86964	36587	3514	646	808	41579	81878	0	764	الرياض	
Makkah Al-Mokarramah	209702	107880	101822	56010	4894	2302	2148	46648	94447	2920	333	مكة المكرمة	
Al-Madinah Al-Monawarah	58812	28540	30272	13723	1301	430	240	13522	28731	865	0	المدينة المنورة	
Al-Qaseem	43391	21893	21498	10832	267	420	247	10641	20984	0	0	القصيم	
Eastern Region	99656	52856	46800	30225	3055	1242	68	21229	43504	160	173	الشرقية	
Aseer	99740	53159	46581	25773	2190	2006	1011	25380	42936	0	444	عسير	
Tabouk	22158	11402	10756	5214	191	146	0	6042	10513	0	52	تبوك	
Hail	26473	13240	13233	7549	226	333	235	5224	12551	134	221	حائل	
Northern Borders	10732	5558	5174	3269	409	55	68	2234	4657	0	40	الحدود الشمالية	
Jazan	61267	32849	28418	12762	802	1250	341	17851	25401	986	1874	جازان	
Najran	18000	9801	8199	5113	224	134	0	4554	7975	0	0	نجران	
Al-Baha	25660	14678	10982	5765	310	252	0	8574	10672	87	0	البيشة	
Al-Jouf	12914	6221	6693	2830	83	169	0	3222	6610	0	0	الجوف	
Total	854281	436889	417392	215652	17466	9385	5166	206700	390859	5152	3901	الجملة	

Source: Elderly Survey 2016\_General Authority for Statistics

المصدر: مسح كبار السن 2016 - الهيئة العامة للإحصاء





Table (5)

جدول (٥)

السكان السعوديون (٥٦ سنة فأكثر) حسب الجنس وفئات العمر والحالة الزوجية  
Saudi Population (65 years and over) by sex, Age Groups and Marital Status

Age Groups	Marital Status & Gender						الحالة الزوجية والجنس				فئات العمر		
	Total		الجملة		أرمل		مطلق		متزوج			لم يتزوج أبداً	
	الجملة Total	إناث Females	ذكور Males	إناث Females	ذكور Males	إناث Females	ذكور Males	إناث Females	ذكور Males	إناث Females		ذكور Males	
65 - 69	310359	159582	150777	56817	3700	3085	1882	98357	143533	1323	1662	٦٩ - ٦٥	
70 - 74	222818	112813	110005	53417	3002	3918	808	54070	105359	1408	836	٧٤ - ٧٠	
75 - 79	144079	72937	71142	39922	2954	1230	660	31421	67237	364	291	٧٩ - ٧٥	
80 +	177025	91557	85468	65496	7810	1152	1816	22852	74730	2057	1112	٨٠ فأكثر	
Total	854281	436889	417392	215652	17466	9385	5166	206700	390859	5152	3901	الجملة	

Source: Elderly Survey 2016\_General Authority for Statistics

المصدر: مسح كبار السن ٢٠١٧ - الهيئة العامة للإحصاء



Table (6)

جدول (1)

السكان السعوديون (10 سنة فأكثر) حسب فئات العمر والأمراض المزمنة  
Saudi Population (65 Years and over) by Age Groups and chronic diseases

Age Groups	chronic diseases							الأمراض المزمنة					فئات العمر
	أمراض مزمنة أخرى Other chronic diseases	أمراض الكلى Kidney disease	أمراض المعدة والقولون Gastroenterology	مرض الزهايمر Alzheimer's disease	الكسور Fractures	الربو/التهاب الرئوي المزمن asthma/Chronic pneumonia	أمراض المفاصل Arthritis	الكآبة Depression	الكوليسترول Cholesterol	ارتفاع ضغط الدم Hypertension	داء السكري diabetic	أمراض القلب Heart disease	
65- 69	7399	6122	7910	410	2270	11075	48146	1402	30876	105450	108765	23070	٦٩-٦٥
70- 74	6881	3775	9312	2802	1476	9487	35900	2528	22199	82160	90796	22779	٧٤-٧٠
75- 79	5245	3358	6966	2541	1114	10068	32114	564	15875	65473	64079	15678	٧٩-٧٥
80+	7010	5076	9929	7590	2343	16255	44819	3070	21771	76751	68902	27888	٨٠ فأكثر
Total	26535	18331	34117	13343	7203	46885	160979	7564	90721	329834	332542	89335	الجملة

Source: Elderly Survey 2016 \_General Authority for Statistics

المصدر: مسح كبار السن ٢٠١٧ \_ الهيئة العامة للإحصاء



Table (6-1)

جدول (٦-١)

السكان الذكور السعوديون (٦٥ سنة فأكثر) حسب فئات العمر والأمراض المزمنة

Saudi Males Population ( 65 Years and over ) by Age Groups and chronic diseases

Age Groups	الأمراض المزمنة										فئات العمر		
	أمراض مزمنة أخرى	أمراض الكلى	أمراض المعدة والقولون	مرض الزهايمر	الكسور	الربو/التهاب الرئوي المزمن	أمراض المفاصل	الآفة	الكوليسترول	ارتفاع ضغط الدم		داء السكري	أمراض القلب
65 - 69	3531	3639	4900	204	1245	5227	19986	801	14299	47017	55968	11862	٦٩ - ٦٥
70 - 74	2344	2905	2928	456	787	2766	13355	230	6373	32715	40044	11226	٧٤ - ٧٠
75 - 79	1597	1680	944	1723	333	3735	12000	337	5990	28252	30846	8362	٧٩ - ٧٥
80+	3338	1293	3754	3348	713	5153	17347	107	8956	32259	31172	11967	٨٠ فأكثر
Total	10810	9517	12526	5731	3078	16881	62688	1475	35618	140243	158030	43417	الجملة

Source: Elderly Survey 2016 \_General Authority for Statistics

المصدر: مسح كبار السن ٢٠١٧ \_ الهيئة العامة للإحصاء



Table (6-2)

السكان البالغون (٥٥ سنة فأكثر) حسب فئات العمر والأمراض المزمنة

Saudi Females Population (55 Years and over) by Age Groups and chronic diseases

جدول (٦-١)

Age Groups	dronic diseases										مئات العمر		
	أمراض مزمنة أخرى	أمراض الكلية	أمراض المعدة والأمعاء	مرض الزهايمر	الكسور	الربو/التهاب الرئوي المزمن	أمراض المفاصل	القلق	الكوليسترول	ارتفاع ضغط الدم		داء السكري	أمراض القلب
65 - 69	3868	2483	3010	206	1025	5848	28160	601	16577	58433	52797	11208	١٩ - ٦٥
70 - 74	4537	870	6384	2346	689	6721	22545	2298	15826	49445	50752	11553	٧٤ - ٧٩
75 - 79	3648	1678	6022	818	781	6333	20114	227	9885	37221	33233	7316	٧٩ - ٨٤
80+	3672	3783	6175	4242	1630	11102	27472	2963	12815	44492	37730	15841	٨٤ فأكثر
Total	15725	8814	21591	7612	4125	30004	98291	6089	55103	189591	174512	45918	الجملة

Source: Elderly Survey 2016, General Authority for Statistics

المصدر: مسح كبار السن ٢٠١٧، الهيئة العامة للإحصاء



Table (7)

جدول (٧)

السكان السعوديون (٦٥ سنة فأكثر) حسب المنطقة الإدارية وتحمل نفقات العلاج  
Saudi Population (65 Years and over) by Administrative Area and Carry of Treatment expenses

Administrative Area	تحمل نفقات العلاج			المنطقة الإدارية
	الجملة Total	تأمين طبي /على نفقته الخاصة health insurance\ At his own expense	الخدمات العلاجية التي تقدمها الدولة At the expense of the Authority and Charities	
Al-Riyadh	95862	23504	72358	الرياض
Makkah Al-Mokarramah	110952	30972	79980	مكة المكرمة
Al-Madinah Al-Monawarah	31643	11622	20021	المدينة المنورة
Al-Qaseem	23771	2438	21333	القصيم
Eastern Region	53390	11290	42100	المنطقة الشرقية
Aseer	66033	7730	58303	عسير
Tabouk	11268	2904	8364	تبوك
Hail	12752	3127	9625	حائل
Northern Borders	6708	329	6379	الحدود الشمالية
Jazan	36155	1704	34451	جازان
Najran	9399	393	9006	نجران
Al-Baha	12921	1467	11454	الباحة
Al-Jouf	5598	574	5024	الجوف
<b>Total</b>	<b>476452</b>	<b>98054</b>	<b>378398</b>	<b>الجملة</b>

Source: with disabilities Survey 2017 \_General Authority for Statistics

المصدر: مسح كبار السن ٢٠١٧ \_ الهيئة العامة للإحصاء



**Table ( 7-1 )**
**جدول ( ١-٧ )**

السكان الذكور السعوديون (٥٠ سنة فأكثر) حسب المنطقة الإدارية وتحمل نفقات العلاج  
 Saudi Males Population ( 65 Years and over ) by Administrative Area and Carry of Treatment expenses

Administrative Area	Carry of Treatment expenses			Total
	الجملة	تأمين طبي /على نفقته الخاصة health insurance\ At his own expense	تحمّل نفقات العلاج الخدمات العلاجية التي تقدمها الدولة At the expense of the Authority and Charities	
Al-Riyadh	45815	11140	34675	الرياض
Makkah Al-Mokarramah	49738	11513	38225	مكة المكرمة
Al-Madinah Al-Monawarah	14229	4761	9468	المدينة المنورة
Al-Qaseem	12351	1566	10785	القصيم
Eastern Region	23043	5125	17918	المنطقة الشرقية
Aseer	29932	3704	26228	عسير
Tabouk	5188	955	4233	تبوك
Hail	6448	1634	4814	حائل
Northern Borders	3099	108	2991	الحدود الشمالية
Jazan	17201	785	16416	جازان
Najran	3759	233	3526	نجران
Al-Baha	4478	747	3731	الباحة
Al-Jouf	3069	399	2670	الجوف
<b>Total</b>	<b>218350</b>	<b>42670</b>	<b>175680</b>	<b>الجملة</b>

Source: with disabilities Survey 2017 \_General Authority for Statistics

المصدر: مسح كبار السن ٢٠١٧ \_ الهيئة العامة للإحصاء



Table (7-2)

السكان الذكور السعوديون (65 سنة فأكثر) حسب المنطقة الإدارية وتحتل نفقات العلاج  
Saudi Females Population (65 Years and over) by Administrative Area and Carry of Treatment expenses

جدول (7-2)

Administrative Area	تحتل نفقات العلاج			المطبعة الإدارية
	Carry of Treatment expenses	تأمين طبي / على نفقته الخاصة health insurance \ At his own expense	الخدمات العلاجية التي تقدمها الدولة At the expense of the Authority and Charities	
Al-Riyadh	50047	12364	37683	الرياض
Makkah Al-Mokarramah	61214	19459	41755	مكة المكرمة
Al-Madinah Al-Monawarah	17414	6861	10553	المدينة المنورة
Al-Qaseem	11420	872	10548	القصيم
Eastern Region	30347	6165	24182	المنطقة الشرقية
Aseer	36101	4026	32075	عسير
Tabouk	6080	1949	4131	تبوك
Hail	6304	1493	4811	حائل
Northern Borders	3609	221	3388	الحدود الشمالية
Jazan	18954	919	18035	جازان
Najran	5640	160	5480	نجران
Al-Baha	8443	720	7723	الباحة
Al-Jouf	2529	175	2354	الجوف
<b>Total</b>	<b>258102</b>	<b>55384</b>	<b>202718</b>	<b>الجملة</b>

Source: with disabilities Survey 2017 \_General Authority for Statistics



المصدر: مسح كبار السن 2017 - الهيئة العامة للإحصاء

Table ( 8 )

جدول ( ٨ )

السكان السعوديون (٦٥ سنة فأكثر) حسب فئات العمر وتحمل نفقات العلاج  
Saudi Population ( 65 Years and over ) by Age Groups and Carry of Treatment expenses

Age Groups	تحمل نفقات العلاج			فئات العمر	
	Carry of Treatment expenses	تأمين طبي / على نفقته الخاصة	الخدمات العلاجية التي تقدمها الدولة		
Age Groups	الجملة	تأمين طبي / على نفقته الخاصة	الخدمات العلاجية التي تقدمها الدولة	فئات العمر	
	Total	health insurance \ At his own expense	At the expense of the Authority		
	65 - 69	153816	29234	124582	65- 69
	70 - 74	121723	24978	96745	70- 74
	75 - 79	89814	19344	70470	75- 79
80+	111099	24498	86601	80 فأكثر	
Total	476452	98054	378398	الجملة	

Source: with disabilities Survey 2017 \_General Authority for Statistics

المصدر: مسح كبار السن ٢٠١٧ \_ الهيئة العامة للإحصاء





Table ( 8-1 )

جدول ( ١-٨ )

السكان الذكور السعوديون (٦٥ سنة فأكثر) حسب فئات العمر وتحمل نفقات العلاج  
Saudi Males Population ( 65 Years and over ) by Age Groups and Carry of Treatment expenses

Age Groups	Carry of Treatment expenses			العمر
	الجملة	تأمين طبي / على نفقته الخاصة	الخدمات العلاجية التي تقدمها الدولة	
65 - 69	76845	15587	61258	65- 69
70 - 74	53217	8773	44444	70- 74
75 - 79	41125	6754	34371	75- 79
80+	47163	11556	35607	٨٠ فأكثر
Total	218350	42670	175680	الجملة

Source: Elderly Survey 2016 \_General Authority for Statistics

المصدر: مسح كبار السن ٢٠١٧ - الهيئة العامة للإحصاء



Table ( 8-2 )

جدول ( ٨-٢ )

السكان الذين يتحملون (٦٥ سنة فأكثر) حسب فئات العمر وتحمل نفقات العلاج  
Saudi Females Population ( 65 Years and over ) by Age Groups and Carry of Treatment expenses

Age Groups	تحمل نفقات العلاج			فئات العمر
	الجملة	تأمين طبي /على نفقته الخاصة	الخدمات العلاجية التي تقدمها الدولة	
	Total	health insurance\ At his own expense	At the expense of the Authority	
65 - 69	76971	13647	63324	65- 69
70 - 74	68506	16205	52301	70- 74
75 - 79	48689	12590	36099	75- 79
80+	63936	12942	50994	فأكثر 80
Total	258102	55384	202718	الجملة

Source: Elderly Survey 2016 \_General Authority for Statistics

المصدر: مسح كبار السن ٢٠١٧ \_ الهيئة العامة للإحصاء



Table (9)

جدول (٩)

المساعدات اليومية للسكان السعوديون (1٥ سنة فأكثر) حسب فئات العمر  
Saudi Population (65 Years and over) by Age Groups and Type of daily assistance

Age Groups	المساعدة اليومية				فئات العمر
	تناول الطعام والشراب Eat and drink	النقل والحركة Mobility and movement	العناية الشخصية Personal care	أخذ الدواء take the medicine	
65 - 69	10265	28799	22451	20796	65- 69
70 - 74	12295	33029	25487	26012	70- 74
75 - 79	11456	28728	23502	22744	75- 79
80+	34742	63076	80832	53080	٨٠ فأكثر
Total	68758	153632	152272	122632	الجملة

Source: Elderly Survey 2016 \_General Authority for Statistics

المصدر: مسح كبار السن ٢٠١٧ \_ الهيئة العامة للإحصاء



Table (9-1)

جدول (١-٩)

المساعدات اليومية للسكان الذكور السعوديون (٦٥ سنة فأكثر) حسب فئات العمر  
Saudi Males Population ( 65 Years and over ) by Age Groups and Type of daily assistance

Age Groups	daily assistance		المساعدة اليومية		فئات العمر
	تناول الطعام والشراب Eat and drink	التنقل والحركة movement	العناية الشخصية Personal care	أخذ الدواء take the medicine	
65 - 69	2958	9353	5421	5785	65- 69
70 - 74	3600	11073	9170	6590	70- 74
75 - 79	4177	9107	10549	7444	75- 79
80+	12101	23492	29696	20891	٨٠ فأكثر
Total	22836	53025	54836	40710	الجملة

Source: Elderly Survey 2016 \_General Authority for Statistics

المصدر: مسح كبار السن ٢٠١٧ \_ الهيئة العامة للإحصاء



Table (9-2)

جدول (٩-٢)

المساعدات اليومية للسكان النان السعوديون (٥٦ سنة فأكثر) حسب فئات العمر  
Saudi Females Population ( 65 Years and over ) by Age Groups and Type of daily assistance

Age Groups	daily assistance		المساعدة اليومية		فئات العمر
	تناول الطعام والشرب Eat and drink	النقل والدرجة النقل والحركة movement	العناية الشخصية Personal care	أخذ الدواء take the medicine	
65 - 69	7307	19446	17030	15011	65- 69
70 - 74	8695	21956	16317	19422	70- 74
75 - 79	7279	19621	12953	15300	75- 79
80+	22641	39584	51136	32189	٨٠ فأكثر
Total	45922	100607	97436	81922	الجملة

Source: Elderly Survey 2016\_General Authority for Statistics

المصدر: مسح كبار السن ٢٠١٧ \_ الهيئة العامة للإحصاء



Table ( 10 )

جدول ( ١٠ )

السكان السعوديون ( ٦٥ سنة فأكثر) الذي يحتاجون من يقدم لهم المساعدة في قضاء حاجتهم اليومية حسب فئات العمر  
Saudi Population ( 65 Years and over ) by Age Groups and And those who help them in their daily needs

Age Groups	Assistance Provider		مقدم المساعدة		فئات العمر
	ممرض / عامل خاص Nurse\Factor	أصدقاء أو أقارب آخريين friends\Other relatives	أحد أفراد الأسرة Family member		
65 - 69	2094	1776	31660		65- 69
70 - 74	1984	1318	38415		70- 74
75 - 79	4859	618	29588		75- 79
80+	10328	2484	62849		فأكثر 80
Total	19265	6196	162512		الجملة

Source: Elderly Survey 2016 \_General Authority for Statistics

المصدر: مسح كبار السن ٢٠١٧ \_ الهيئة العامة للإحصاء



Table (10-1)

جدول ( ١٠-١ )

السكان الذكور السعوديون (٦٥ سنة فأكثر) الذي يحتاجون من يقدم لهم المساعدة في قضاء حاجاتهم اليومية حسب فئات العمر  
Saudi Males Population ( 65 Years and over ) by Age Groups and And those who help them in their daily needs

Age Groups	Assistance Provider			مجملة العمر
	ممرض / عامل خاص Nurse\Factor	أصدقاء أو أقارب آخرين friends\Other relatives	مقدم المساعدة أحد أفراد الأسرة Family member	
65 - 69	1 150	404	10391	65- 69
70 - 74	409	512	11522	70- 74
75 - 79	114	0	11363	75- 79
80+	2210	829	27001	فأكثر 80
Total	3883	1745	60277	المجملة

Source: Elderly Survey 2016 \_General Authority for Statistics

المصدر: مسح كبار السن ٢٠١٧ \_ الهيئة العامة للإحصاء



Table ( 10-2 )

جدول ( 10-1 )

السكان الذين السعوديون (10 سنة فأكثر) الذي يحتاجون من يقدم لهم المساعدة في قضاء حاجاتهم اليومية حسب فئات العمر  
Saudi Females Population ( 65 Years and over ) by Age Groups and And those who help them in their daily needs

Age Groups	Assistance Provider			العمر
	ممرض / عامل خاص Nurse\Factor	أصدقاء أو أقارب آخريين friends\Other relatives	مقدم المساعدة أحد أفراد الأسرة Family member	
65 - 69	944	1372	21269	65- 69
70 - 74	1575	806	26893	70- 74
75 - 79	4745	618	18225	75- 79
80+	8118	1655	35848	فأكثر 80
Total	15382	4451	102235	الجملة

Source: Elderly Survey 2016 \_General Authority for Statistics

المصدر: مسح كبار السن ٢٠١٧ \_ الهيئة العامة للإحصاء





Table ( 11 )

جدول ( 11 )

السكان السعوديون (65 سنة فأكثر) الذين يمارسون أعمال تطوعية حسب الجنس  
Saudi Population ( 65 Years and over ) by sex and volunteer work

sex	volunteer work			الأعمال التطوعية			الجنس
	الجملة	أخرى	المجال الاجتماعي Social sphere	المجال الثقافي Cultural field	المجال الديني Religious field		
Males	27464	1035	10898	1906	13625		الذكور
Females	10811	971	3391	911	5538		النساء
Total	38275	2006	14289	2817	19163		الجملة

Source: Elderly Survey 2016 \_General Authority for Statistics

المصدر: مسح كبار السن ٢٠١٧ \_ الهيئة العامة للإحصاء



Table ( 12 )

جدول ( ١٢ )

السكان السعوديون (٥٦ سنة فأكثر) حسب الجنس و التواصل مع دور رعاية المسنين وأسباب عدم التواصل

Saudi Population ( 65 Years and over ) by sex and Communicate with the role, associations and forums of care for the elderly and the reasons for non-communication

sex	Reasons for not communicating with the role and associations of elderly care			أسباب عدم التواصل مع دور رعاية المسنين			التواصل مع دور رعاية المسنين	الجنس
	الجملة	أخرى	البعد الجغرافي Geographic dimension	عدم وجود فائدة Lack of utility	عدم الحاجة لذلك Not needed	التواصل مع دور رعاية المسنين Communicate with the role, associations and forums of the care of the elderly		
Males	417392	4023	46965	12761	352166	1477	ذكور	
Females	436889	3951	47324	16191	369423	0	إناث	
Total	854281	7974	94289	28952	721589	1477	الجملة	

Source: Elderly Survey 2016 \_General Authority for Statistics

المصدر: مسح كبار السن ٢٠١٧ \_ الهيئة العامة للإحصاء



Table ( 13 )

جدول ( ١٣ )

السكان السعوديون (٥٦ سنة فأكثر) الذين لديهم صعوبات في وظائف الجسم حسب نوع الصعوبة ودرجة شدتها  
Saudi Population ( 65 Years and over ) Type of Difficulty and Their severity

Their severity	نوع الصعوبة				الجملة
	الجملة	الدرجة	السمع	الرؤيا	
Total	الجملة	الدرجة	السمع	الرؤيا	درجة شدتها
	Difficult to walk or climb stairs	Hearing	Seeing		
Mild Difficulty	105932	75252	6641	24039	خفيفة
Severe Difficulty	38075	26204	1000	10871	شديدة / بالغة
Total	144007	101456	7641	34910	الجملة

Source: Elderly Survey 2016 \_General Authority for Statistics

المصدر: مسح كبار السن ٢٠١٧ \_ الهيئة العامة للإحصاء



Table ( 13-1)

جدول (١٣-١)

\* السكان السعوديون الذكور (٦٥ سنة فأكثر) الذين لديهم صعوبات في وظائف الجسم حسب نوع الصعوبة ودرجة شدتها \*  
Saudi Male Population ( 65 Years and over ) Type of Difficulty and Their severity \*

Their severity	نوع الصعوبة				درجة شدتها
	الجملة	الذروة	السمع	الرؤيا	
Total	Difficulty type				Total
	Difficult to walk or climb stairs				
	Hearing				
Seeing				Total	
Mild	49880	29824	4177		15879
Severe\ Extreme	15792	8753	921		6118
Total	65672	38577	5098	21997	الجملة

Source: Elderly Survey 2016\_ General Authority for Statistics

المصدر: مسح كبار السن ٢٠١٧ \_ الهيئة العامة للإحصاء



Table ( 13-2)

جدول (٢٠١٣)

السكان السعوديون الذين تبلغ أعمارهم ٦٥ سنة فأكثر الذين لديهم صعوبات في وظائف الجسم حسب نوع الصعوبة ودرجة شدتها  
Saudi Female Population ( 65 Years and over ) Type of Difficulty and Their Severity

Their severity	نوع الصعوبة				درجة شدتها
	الجملة	الدرجة	السمع	الرؤية	
Total	الجملة	الدرجة	السمع	الرؤية	
	Difficult to walk or climb stairs				
	Hearing				
Seeing					
Mild	56052	45428	2464	8160	خفيفة
Severe\ Extreme	22283	17451	79	4753	شديدة / بالغة
Total	78335	62879	2543	12913	الجملة

Source: Elderly Survey 2016 \_General Authority for Statistics

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Table (14)

جدول (14)

السكان السعوديون (70 سنة فأكثر) الذين يعانون من القلق والاكتئاب واستخدام العلاج لهذه المشاعر والجنس  
Saudi Population (65 Years and Over) by sex and Anxiety and Depression and Medication taken for them

Sex	استخدام العلاج Use of treatment	Suffer of anxiety and depression			المعاناة من القلق والاكتئاب			الجنس
		عدة مرات في السنة Several times a year	شهرياً monthly	أسبوعياً Weekly	يوميّاً Daily			
Male	4800	5038	2370	2580	3514		ذكور	
Female	16448	10448	4252	3123	6883		إناث	
Total	21248	15486	6622	5703	10397		الجملة	

Source: Disability Survey 2017 \_General Authority for Statistics

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Table (15)

جدول (15)

السكان السعوديون الذين لديهم صعوبات في وظائف الجسم (65 سنة فأكثر) حسب الجنس الذين يتلقون خدمات من وزارة العمل والتنمية الاجتماعية  
Saudi Population With Difficulty (65 Years and Over) by sex and the Services they Receive from the Ministry of Labor and Social Development

sex	Services provided							الجنس
	الحملة	أخرى	إيواء	رعاية يومية	رعاية منزلية	مادية	عينية	
Male	161007	7250	498	1354	3073	130413	18419	ذكور
Female	192607	4829	547	2188	4397	166046	14600	إناث
Total	353614	12079	1045	3542	7470	296459	33019	الحملة

Source: Disability Survey 2017 \_General Authority for Statistics

المصدر: مسح كبار السن 2017 - الهيئة العامة للإحصاء





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